

Twelve Affirmations To Live By

By Herbert Harris, Jr.

1. I Have A Positive Self Image.

2. I Believe In Myself.

3. I Define My Purpose For Living.

**4. I Think Positively With Understanding And Faith
That I Can Realize My Purpose.**

**5. I Constantly Visualize My Purpose,
Seeing It Clearly In My Mind.**

6. I Always Focus On The Positive.

**7. I Have Confidence And Courage
To Be Inner-Directed.**

**8. I Have Control Of My Mind, My Body,
My Instincts, And My Emotions.**

9. I Always Do It Now.

10. I Have A Plan For My Success.

**11. I Persist In My Efforts, With Unshakable Faith
In My Own Ability.**

12. I Execute My Plan And Produce Desired Results.

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